

Winners

- Champions aren't made in the gyms.
- Champions are made from something they have deep inside them:
 - a desire,
 - a dream, and
 - a vision.

Winners must have two things:

- definite goals, and
- a burning desire to achieve them.



- Its not the will to win,
but the will to prepare to win,
that makes the difference.



- A winner is someone who:
 - recognizes his given talents,
 - works his tail off to develop them into skills, and
 - uses these skills to accomplish his goals.

- The person who masters himself through self control and discipline is truly undefeatable.



- The most distinguishing feature of winners is their intensity of purpose.



- Winners make a habit of manufacturing their own positive expectations in advance of the event.

- All right mister, let me tell you what winning means....
 - you're willing to go longer,
 - work harder, and
 - give more,than anyone else

- Winners have simply formed the habit of doing things that losers don't like to do.



- You've got to put those bad decisions behind you.
- That's why some people win a lot more than others.
- They have the ability to forget about a bad decision and think about the good stuff.

- When you're a winner you're always happy,
- but if you're happy as a loser you'll always be a loser.



- A losing team looks at excuses.
- A champion team looks at solutions.

- There are winners,
- there are losers, and
- there are people who haven't learnt how to win.

- Tactics, fitness, ability, adaptability, experience, and sportsmanship are all necessary for winning.



- The real winners in life are the people who look at every situation with an expectation that they can make it work or make it better.

- The one thing that separates the winners from the losers is winners take action.



- Everyone wants to win, but I think winners believe they deserve to win.
- They've made the commitment, they've followed the right path and they've taken the right steps to be successful.

- Winning is something that builds physically and mentally every day that you train and every night that you dream.



- The winner persistently programs his pluses,
- the loser mournfully magnifies his minuses.



- Winners never quit and quitters never win.



- To finish first, you must first finish.



- Don't be afraid to win.



- If you set a goal for yourself and are able to achieve it you have won your race.
- Your goal can be to come first, to improve your performance, or just finish the race – its up to you.